

ZERO SUICIDE INITIATIVE

Leadership commitment

- Organizational Self-Study
- Use of evidence-based assessments and treatment modalities
- Setting expectation of culture shift for all staff

Trainings

- QPR (Question, Persuade, Refer) Gatekeeper
- QPRT (Question, Persuade, Refer and Treat) Advanced Practitioner
- Care Coordination
- CALM (Counseling on Access to Lethal Means)

Standardized Screening and Risk Assessment

- Level 1 Screeners (PHQ-9 or PHQ-2 - Patient Health Questionnaires)
- Level 2 Screener (C-SSRS - Columbia Suicide Severity Rating Scale, Screener)
- Risk Assessment (C-SSRS - Columbia Suicide Severity Rating Scale, Risk Assessment)
- SAFE-T with C-SSRS (Suicide Assessment 5-Step Evaluation and Triage)

Suicide Care Management Plan

- Stanley Brown Safety Plan (Crisis Planning)
- Lethal Means Restriction

Data

- Establishing baseline
- Reviewing and reporting significant and sentinel events

Quality Assurance and Improvement

- Quality Assurance Validation tool
- Ongoing and Continuous Quality Improvement

The Zero Suicide Initiative at Southeast Florida Behavioral Health Network

In partnership with the FL LINC Project, Southeast Florida Behavioral Health Network has been able to provide guidance, assistance and site reviews to network and agency providers of behavioral health throughout the Treasure Coast, Okeechobee and Palm Beach Counties.

The Zero Suicide Initiative for Southeast Florida has focused on helping agencies develop best-practices and evidence-based suicide care for the youth, families and adults that they serve. This grant has been active throughout Circuits 15 and 19 from May to September 2019, and Southeast Florida Behavioral Health Network has made an ongoing commitment to ensuring that the Zero Suicide Initiative developed policies and practices are continued in the region, even after the end of the grant.

Network Provider Site Reviews for the Zero Suicide Initiative

To date, Southeast Florida Behavioral Health Network has completed 10 comprehensive site reviews for our network providers. These providers have consisted of a wide variety of different areas of social services, including behavioral health, child welfare, substance use and other community-based care. The Zero Suicide Initiative site reviews begin with, first, engaging providers in a discussion about the types of policies, procedures and screening tools that are already in place to address suicide care among their clients. This initial discussion is followed by a full-site review in which Southeast Florida Behavioral Health Network reviews charts, quality assurance practices and interviews key team members and stakeholders to see how the agency can best be supported in implementing and delivering quality suicide risk management and care.

Additionally, after site reviews are conducted, Southeast Florida Behavioral Health Network provides recommendations and continues to follow-up with agencies to monitor their progress in adopting evidence-based tools and practices in alignment with the Zero Suicide Initiative's Suicide Care Pathway.

To learn more about Southeast Florida Behavioral Health Network's Zero Suicide Site Reviews, please see these additional resources:

1. [The Zero Suicide Initiative for Continuous Quality Improvement](#) (presented at the October CQI meeting)
2. [The Zero Suicide Initiative for SEFBHN Providers](#) (presented at the June Provider's Meeting at Nova University)